Growth & Development Interactive

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Idea:

This activity will be a drag and drop template where the student will match the correct intervention to the corresponding developmental stage. The same drag and drop template will be used for several assessment activities related to growth and development.

Part 1:

**Scenario: Patient Care in the Hospital**

The nurse is developing a plan of care for a patient receiving chemotherapy. The patient has an anticipated length of stay of 1 month in the hospital while receiving chemotherapy. Match the following interventions to the age appropriate category.

**Template Drag/Drop with Answers:**

**Infant**

Place bright colored toy key ring in the patient’s bed.

**Toddler**

Enforce the patient’s normal bedtime while hospitalized.

**Preschooler**

Create an area for independent play time in the patient’s room.

**School-Aged Child**

Use a teaching doll to complete preoperative teaching for port placement.

**Adolescent**

Teach the client how to access social media sites from the hospital entertainment center.

**Scenario: Dietary**

The nurse is performing patient teaching on the importance of nutrition. Drag the appropriate statement to the corresponding developmental age.

**Template Drag/Drop with Answers:**

**Infant**

Have the parent perform a return demonstration on mixing formula.

**Toddler**

Offer a bowl of dry Cheerios and cup of milk in a spill-resistant cup as a small meal.

**Preschooler**

Create a 4-5 piece puzzle out of the MyPlate food guide using pictures of food groups.

**School-Aged Child**

Create a game where the child is presented two snack options and is rewarded points for choosing the healthy snack.

**Adolescent**

Explain how the body uses lean protein (like chicken) to build muscle and maintain a fit body.

**Scenario: Communication**

The nurse is providing preoperative teaching and care to a patient having surgery. Drag the appropriate statement to the corresponding developmental age.

**Template Drag/Drop with Answers:**

**Infant**

Encourage the parents to hold to comfort the patient.

**Toddler**

Ask the patient to hold still during a preoperative IV insertion by demonstrating what still looks like instead of just instructions.

**Preschooler**

Allow the patient to touch the anesthesia mask when explaining how it goes on the face.

**School-Aged Child**

Ask patient to use dolls to act out surgery as you explain what to expect during surgery.

**Adolescent**

Discuss ways to conceal the patient’s scar after surgery.

**Scenario: Safety**

The nurse is identifying safety needs related to age for a client. Drag the appropriate intervention to the corresponding developmental age.

**Template Drag/Drop with Answers:**

**Infant**

Teach parents to place client on his/her back when going to sleep.

**Toddler**

Teach parents to install safety latches on windows, stairways and toilet lids.

**Preschooler**

Teach the parents the importance of starting to teach gun safety including not pointing a toy gun at anyone**. Do not use this example.**

**Use this example instead:**

Teach parents to wear bicycle helmets themselves, in addition to the child wearing a helmet, as the child is in a phase where imitation is common. This will help set a lifelong habit of wearing a helmet.

**School-Aged Child**

Have the patient demonstrate how to put on and fasten a bicycle helmet.

**Adolescent**

Engage the patient in a conversation about dating safety including not leaving a drink unattended or meeting up with someone they met on the internet.